

Yahaira A. Sanchez

SUMMARY OF QUALIFICATIONS

- **Fluent and Literate in English and Spanish**
- Culturally Competent Care
- Technology and Communication Skills
- Critical Thinking and Problem Solving
- Excellent Time Management Skills
- Proven Leadership Skills
- Teamwork and Dependability

LICENSE AND CERTIFICATIONS

- AANPCB Certified
- CA FNP License
- CA RN License
- BLS (American Heart Association)
- ACLS (American Heart Association)
- PALS (American Heart Association)

EDUCATION

Master of Science in Nursing- Family Nurse Practitioner

West Coast University

May 2021

Bachelor of Science in Nursing, GPA 3.79

West Coast University

November 2013

Associates Degree in Science

Mt. San Jacinto College

December 2010

ACADEMIC HONORS

- Magna Cum Laude
- Dean's Honor List
- Oxford International Honor Student

PROFESSIONAL EXPERIENCE

Nurse Practitioner – Gastroenterology

December 2021-Present

GI Excellence

- Provides care for patients with gastrointestinal diseases in the out-patient setting.
- Orders, interprets, and evaluates diagnostic studies.
- Diagnoses and treats problems in the digestive system.
- Conducts accurate documentation of patients' history, diagnostics, review of systems, physical exams, diagnosis, and treatment plans.
- Prescribes and manages medical treatments of gastrointestinal diseases.
- Refers patients to other therapies and health care providers as appropriate.

Registered Nurse Med - Surg Telemetry Unit

February 2015- December 2021

Temecula Valley Hospital

- Assesses and identifies patient's needs, plans or modifies care follow by implementation of interventions.
- Recognizes changes in normal and abnormal parameters and reports them within the specified time frame.
- Uses professional judgement and critical thinking to prepare, prioritize, and execute the patient's plan of care consistent with patient assessment data and physician's treatment plan.
- Provides and documents patient and family education as needed.
- Able to perform all nursing skills required for patient care of specified unit.

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- Ensures compliance with patient privacy regulations.
- Adheres to and helps to enforce facility's policies and regulations.

Registered Nurse Med- Surg Unit

July 2014- February 2015

Kindred Riverside Hospital

- Performed general nursing responsibilities including assessments, medication administration, admission and discharge, plan of care development and patient/family education.
- Responsible for supervising the provision of quality care delivered by LVNs and CNAs.
- Monitored patient condition and updated patient care plan as needed.
- Collaborated with physicians and nursing staff to ensure plan of care aligned with patient needs.

Registered Nurse Case Manager

April 2014- August 2014

Grapevine Home Health Services

- Provided case management for all cases involving nursing therapy services.
- Responsible for initial evaluation visit and re-evaluating each patient's nursing needs on regular basis.
- Provided nursing services, treatments and diagnostic procedures requiring specialized skills.
- Developed and implemented the treatment plan for each patient under the direction of their physician.
- Provided the patient and their family education about disease process, medication administration, diet, infection control, and safety precautions.

Registered Nurse Supervisor

February 2014- July 2014

Mt. Rubidoux Nursing Center

- Responsible for supervising the provision of quality care delivered by LVNs and CNAs at a nursing home-skilled nursing facility.
- Resolved patient problems and needs by utilizing accurate nursing process.
- Maintained continuity among nursing teams by documenting and communicating actions, irregularities, and continuing needs.
- Responsible for full admissions of new patients to include complete physical assessments and accurate documentation.

INTERNATIONAL EXPERIENCE

WCU Summer Program in Oxford University

Participated in an honor's global health research program in the university of Oxford England.

WCU Global Public Health Initiative in Panama

Participated in public clinics giving free health care and expanding health awareness by providing education on diverse topics.

COMMUNITY & VOLUNTEER WORK

Royal Family Kids Camp

Served as a volunteer for the Royal Family Kids Camp providing emotional support and counseling for abused and neglected children placed in the foster care system.

Full Bio

Yahaira Sanchez was born and raised in Mexico before she immigrated to the United States at the age of 15. As a young student, she faced many difficulties. One of these being a language barrier. However, her desire to succeed and achieve a higher education were stronger and she quickly became proficient with the English language. From that point on, Yahaira excelled in every academic achievement. She received her Associate in Science from Mt. San Jacinto College. She was then accepted to West Coast University from where she graduated with honors with her Bachelor of Science in Nursing. Her passion for nursing and patient care only grew stronger affirming her desires to pursue a higher education. It was then that she

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returned to West Coast University and obtained her Master of Science in Nursing and Family Nurse Practitioner Certification.

During her tenure at West Coast University, Yahaira earned a scholarship to travel to Oxford University in England as an international honor student. She completed a summer program in Oxford studying the benefits and disadvantages of England's universal healthcare system compared to the United States healthcare system. She then had the opportunity to travel to Panama and provide free health care services to underserved communities. From her experiences in Panama, Yahaira learned to provide compassionate care. The same compassionate care she now provides to her patients.

Yahaira has an impressive professional career. She served as a nurse supervisor at Mt. Roubidoux Nursing Center where she was responsible for the provision of quality care delivery to over 130 residents under her care. She also served as a nurse case manager for Grapevine Home Health Services providing in-home evaluations, diagnostics and treatments to patients with diverse needs. She worked as a registered nurse at Kindred Riverside Hospital LTAC facility providing nursing care to acute care patients. Yahaira dedicated her last 6 years of nursing career working at Temecula Valley Hospital where she gained valuable experience working in the Med-Surge, Telemetry, Neurology, and Gastroenterology units.

As a Nurse Practitioner Yahaira has dedicated her career to gastroenterology. She developed a passion for gastroenterology from her early studies and her experiences caring for patients with diverse gastroenterology illnesses in the acute care setting. Yahaira feels fortunate to have joined GI Excellence as part of the team of providers where she is able to practice the specialty she loves and provide compassionate care to our community.

In her spare time, Yahaira enjoys fitness, music, dancing, and spending time with friends and family. What brings the most joy to her life are her two children and her dog.